




The Village at Heritage Point Calendar of Activities November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>All Activities are a Maximum of an hour long unless otherwise notified</div> <div>Calendar Subject to change!</div> <div></div>					<div>1</div> <div>9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 10:00 Episcopal Lutheran Service GC 10-12 Retiree's Book Club AC 10:00 Catholic Mass with Father Frederick D' Souza GR 11:00 Craft with Tracey AC 3:00-4:30 Wine Buds AC 6:00 Movie Night GR/2L</div>	<div>2</div> <div>10:00 Chair Dancing with Barbara GR 11:00 Resident Arts and Craft Time - Gather together to work on your own crafts or projects AC 2:00 Music with Michael Adams 2L</div>
<div>3</div> <div>8:30 Trans. to Suncrest Methodist 9:00 Inspirational Church Services Channel 5 6:00 Reminiscing with Jeanette GR</div> <div></div>	<div>4</div> <div>9:00 Here's to Your Health Balance Program GR 11:00 AM Pizza Al's & Bar for Lunch! 1:30-2:30 Bible Study GR 2:30 National Candy Day! Enjoy A Sweet Treat C 3:00 Line Dancing with Amy AC 6:00 Movie Night GR/2L</div>	<div>5</div> <div>9:00-9:30 Simple seated stretch 2L 9:30 AM Dollar Tree and Hobby Lobby Shopping 10:00 Tai chi with Joe & Linda GR 1:00 Card Making with Carla AC 2:00 Environmental Committee Meeting GC 2:00 50's and 60's Guitar and Vocal Performance by Frank DeGeorge GR 3:00 Bingo 2L 3:00 Sit 'n Stretch AC 6:00 Holiday Wine Tasting with Ron Porter GR</div>	<div>6</div> <div>9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 10:00 Coffee/Donuts C 11:00 Name that Tune with Ashley and Tracey GR 1:00 National Nachos Day! Come have some chips in the Café! 2:00 Come and Visit with Stormy the Therapy Horse GR 6:45 PM Free Jazz Concert at the CAC</div>	<div>7</div> <div>9:00-9:30 Simple seated stretch 2L 10:00 Tai chi with Joe & Linda AC 11:00 Harvest Party with Snacks and Trivia with Becki from Renaissance Care GR 12:30-3:30 Village Bridge GR 1:30 Bingo 2L 3:00 Library Committee Meeting L 3:00 Sit 'n Stretch AC 7:00 Harp Concert GR</div>	<div>8</div> <div>9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 10:00 Episcopal Lutheran Service GC 10:00 IL BP & Weight Checks SA 10:00 Catholic Communion AC 11:00 Community Health Talk: It's Time to Regain Control of Your Bladder and Bowels with Beth Guzzi-Porter GR 2:00 Sticker By Number Program SA 3:00-4:30 Wine Buds AC 6:00 Movie GR/2L</div>	<div>9</div> <div>11:00 Village Cowboy 2L 11:00 Resident Arts and Craft Time - Gather together to work on your own crafts or projects AC TBA WVU Game at Cincinnati GR/2L</div>
<div>10</div> <div>8:30 Trans. to Suncrest Methodist 9:00 Inspirational Church Services Channel 5 2:00 Movie Time GR/2L</div>	<div>11</div> <div>9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 9:30 Veterans Day Service with Breakfast AC 11:00 Activity Committee Meeting AC 1:30-2:30 Bible Study GR 2:30 Bingo 2L 3:00 Line Dancing with Amy AC 6:00 Magic by Brielle (Morgantown Native) GR</div> <div></div>	<div>12</div> <div>9:00-9:30 Simple seated stretch 2L 9:30 AM Suncrest Kroger's 10:00 Tai chi with Joe & Linda AC 1:00 Hearing Loss and Dementia Educational Program with Hearing Solutions GR 2:00 National Happy Hour Come Enjoy a Drink! C 3:00 Sit 'n Stretch AC 6:30 Mean Girls Show at the CAC</div>	<div>13</div> <div>9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 10:00 Coffee/Donuts C 10:30 AM Museum of Geology and Natural History in WV 2:30 Meet and Greet Hudson Staff Member Haiden's Dog GR 6:00 Movie GR/2L</div>	<div>14</div> <div>9:00-9:30 Simple seated stretch 2L 10:00 Tai chi with Joe & Linda GR 11:00 Thanksgiving Trivia with Patricia from Interim Healthcare AC 12:30-3:30 Village Bridge GR 1:30 Bingo 2L 3:00 Sit 'n Stretch AC 6:00 Movie GR/2L</div>	<div>15</div> <div>9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 10:00 Episcopal Lutheran Service GC 10:00 Catholic Communion GR 11:00 Ikebana Flower Arranging Class AC 1:00 Thanksgiving Craft with Sydney AC 2:00 Game Hour with Ireland C 3:00-4:30 Wine Buds AC 6:00 Movie Night GR/2L</div>	<div>16</div> <div>11:00 Resident Arts and Craft Time - Gather together to work on your own crafts or projects AC TBA WVU Game vs. Baylor GR/2L</div>

Location Key

FL-Front Lobby GR-Great Room AC-Arts & Crafts Room C-Café
GC-Game & Card Rm. L-Library SP-Suites Patio SL-Suites Lobby SA-Suites Activity 2L-Suites 2nd Floor Lounge
EL-Elevator Lobby CR-Computer Room FR-Fitness Room VG-Village Gazebo SG-Suites Gazebo



The Village at Heritage Point
Calendar of Activities
November 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>17</div> <div>8:30 Trans. to Suncrest Methodist</div> <div>9:00 Inspirational Church Services Channel 5</div> <div>2:00 Music with Michael Adams 2L</div> <div>6:00 Reminiscing with Jeanette GR</div>	<div>18</div> <div>9:00 Here's to Your Health Balance Program GR</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>10:30 Aging Gracefully with Essential Oils GR</div> <div>1:00 PM Walmart</div> <div>1:30-2:30 Bible Study GR</div> <div>3:00 Line Dancing with Amy AC</div> <div>3:00 Bingo 2L</div> <div>6:00 Movie Night GR/2L</div>	<div>19</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>10:00 Tai Chi with Joe & Linda GR</div> <div>10:30 Marketing Committee Meeting AC</div> <div>11:00 Outreach Committee Meeting AC</div> <div>1:00-2:00 Food Committee Meeting AC</div> <div>2:00 Meet Your Neighbor– Mon EMS Talk and Ambulance Tour GR</div> <div>3:00 Sit 'n Stretch AC</div> <div>6:00 PM WVU Women's Basketball Game at the Coliseum</div>	<div>20</div> <div>9:00 Here's to Your Health Balance Program GR</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>9:45 AM Early Holiday Shopping at The Meadowbrook Mall (Bosco's)!</div> <div>10:00 Coffee/Donuts C</div> <div>3:00 Resident Council AC</div> <div>6:00 Great Decisions Program - Topic: High Seas Treaty GR</div>	<div>21</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>9:30 AL Town Hall Meeting 2L</div> <div>10:00 Tai Chi with Joe & Linda AC</div> <div>11:00 IL Town Hall Meeting GR</div> <div>1:00 Card Making with Carla AC</div> <div>1:00 Hearing Aid Screening and Cleaning by Hearing Solutions GC</div> <div>3:00 Sit 'n Stretch AC</div> <div>6:00 Movie Night GR/2L</div>	<div>22</div> <div>9:00 Here's to Your Health Balance Program GR</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>10:00 AM Episcopalian Lutheran Service GC</div> <div>10:00 IL BP & Weight Checks SA</div> <div>1:00 Craft with Tracey AC</div> <div>2:30 Computer/Cellphone Questions with Ireland C</div> <div>3:00-4:30 Wine Buds AC</div> <div>6:00 Movie Night GR/2L</div>	<div>23</div> <div>11:00 Resident Arts and Craft Time - Gather together to work on your own crafts or projects AC</div> <div>TBA WVU Game vs. UCF GR/2L</div>
<div>24</div> <div>8:30 Trans. to Suncrest Methodist</div> <div>9:00 Inspirational Church Services Channel 5</div> <div>2:00 Movie Time GR/2L</div> <div></div>	<div>25</div> <div>9:00 Here's to Your Health Balance Program GR</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>9:30 Pawpaw Gig and Josie (Therapy Dog) 2L</div> <div>11:00 AM Mountain State Brewing New Location for Lunch!</div> <div>1:30-2:30 Bible study GR</div> <div>3:00 Line Dancing with Amy AC</div> <div>3:00 Bingo 2L</div> <div>6:00 Movie GR/2L</div>	<div>26</div> <div>9:00 Simple seated stretch 2L</div> <div>9:30 AM Old Kroger's</div> <div>10:00 Tai Chi with Joe & Linda GR</div> <div>11:00 Thanksgiving Pumpkin Smoothies and Pumpkin Whoopie Pies with Amanda and Robert AC</div> <div>2:00 Resident's Monthly Birthday Party GR</div> <div>3:00 Sit 'n Stretch AC</div> <div>3:00 Bingo 2L</div> <div>6:00 Just Company - Music and Clogging Performance by Cindy and Andrzej GR</div>	<div>27</div> <div>9:00 Here's to Your Health Balance Program GR</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>10:00 Coffee/Donuts C</div> <div>11:00 Thanksgiving Craft with Brett with Amedisys AC</div> <div>12-2 Thanksgiving Buffet GR</div> <div>6:00 Graham Sterling Holiday Performance FL</div>	<div>28</div> <div>12-2 Thanksgiving Potluck GR</div> <div>6:00 Movie Night GR/2L</div> <div></div>	<div>29</div> <div>9:00 Here's to Your Health Balance Program GR</div> <div>9:00-9:30 Simple seated stretch 2L</div> <div>10:00 Catholic Communion AC</div> <div>11:00 Adult Coloring AC</div> <div>2:00 Bingo 2L</div> <div>3:00-4:30 Wine Buds AC</div> <div>6:00 Movie Night GR/2L</div>	<div>30</div> <div>10:00 Chair Dancing with Barbara GR</div> <div>11:00 Resident Arts and Craft Time - Gather together to work on your own crafts or projects AC</div> <div>11:00 Thanksgiving Weekend Tunes with The Village Cowboy 2L</div> <div>TBA WVU Game at Texas Tech GR/2L</div>

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SL-Suites Lobby SA-Suites Activity 2L-Suites 2nd Floor Lounge VG-Village Gazebo
VG–Village Patio EL-Elevator Lobby FR-Fitness Room WO-Wellness Office

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