





The Village at Heritage Point Calendar of Activities January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Activities are a Maximum of an hour long unless otherwise notified.</p> <p>Channel 958 on your TV will update you on what's happening at the Village!</p> 			<p>12-2 New Years Day Pot Luck GR</p> <p>6:00 Movie GR/2L</p> 	<p>9:00-9:30 Simple Seated Stretch 2L</p> <p>10:00 AM Post Holiday Shopping at Gabe's</p> <p>10:00 Tai Chi GR</p> <p>2:00 Afternoon Cornhole GR</p> <p>3:00 Library Committee Meeting L</p> <p>3:00 Sit 'n Stretch AC</p> <p>7:00 Harp Concert GR</p>	<p>9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10-12 Retiree's Book Club AC</p> <p>10:00 Catholic Communion GR</p> <p>11:00 Lounge Talk with Tracey 2L</p> <p>1:00 Winter Craft with Sydney AC</p> <p>2:30 Bingo 2L</p> <p>3:00 Wine Buds AC</p> <p>6:00 Movie GR/2L</p>	<p>10:00 Chair Dancing with Barbara GR</p> <p>11:00 Resident Arts and Craft Time - Gather together to work on your own crafts or projects AC</p> <p>11:00 Village Cowboy Music 2L</p> <p>6:00 Movie GR/2L</p>
<p>5</p> <p>8:30 Trans. to Suncrest Methodist</p> <p>9:00 AM Inspirational Church Services Channel 5</p> <p>6:00 Reminiscing with Jeanette GR</p>	<p>6</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10:30 Kickoff to the New Year with an Intro to Health Works Q/A GR</p> <p>1:30-2:30 Bible Study GR</p> <p>1:30 Line Dancing AC</p> <p>2:30 Bingo 2L</p> <p>6:00 Movie GR/2L</p>	<p>7</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>9:30 AM Old Kroger's</p> <p>10:00 Tai Chi GR</p> <p>1:00 January Trivia with Ashley GR</p> <p>2:00 Bingo 2L</p> <p>3:00 Sit 'n Stretch AC</p> <p>6:00 Music Night by Paul Ragland and Duncan Lorimer GR</p> <p>Men's Basketball 7:00 PM WVU vs Arizona ESPN+ GR/2L</p>	<p>8</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>9:30 Assisted Living Town Hall 2L</p> <p>10:00 Coffee/Donuts C</p> <p>1:00 Independent Living Town Hall GR</p> <p>2:30 Smart Retirement Planning and Final Expense Solutions by Tonia with Baltimore Life Company GR</p> <p>6:00 Let's Talk About Dog Shows with Adrienne Dering GR</p>	<p>9</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>11:00 AM Lunch at the Village Butcher and Market</p> <p>10:00 Tai Chi GR</p> <p>12:30 Village Bridge GR</p> <p>2:00 Bingo 2L</p> <p>3:00 Sit 'n Stretch AC</p> <p>6:00 Movie GR/2L</p>	<p>10</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10-11 Episcopal Lutheran Service GC</p> <p>10:00 Catholic Mass with Father Frederick D' Souza GR</p> <p>10:00 IL BP & Weight Checks SA</p> <p>11:00 Diamond Dot Bookmark with Tracey AC</p> <p>1:30 Resident Association Elections GR</p> <p>3:00 Wine Buds AC</p> <p>6:00 Movie GR/2L</p>	<p>11</p> <p>10:00 Chair Dancing with Barbara GR</p> <p>11:00 Resident Arts and Craft Time - Gather together to work on your own crafts or projects AC</p> <p>1:00 Afternoon Games with Ireland C</p> <p>6:00 Movie GR/2L</p> 
<p>12</p> <p>8:30 Trans. to Suncrest Methodist</p> <p>9:00 AM Inspirational Church Services Channel 5</p> <p>Men's Basketball 3:00 PM WVU at Colorado ESPN+ GR/2L</p>	<p>13</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9:30 Simple Seated Stretch Time 2L</p> <p>11:00 Activities Committee Meeting AC</p> <p>12:15 PM Lunch at Steak 'n Shake</p> <p>1:30-2:30 Bible Study GR</p> <p>1:30 Line Dancing AC</p> <p>6:00 Movie GR/2L</p>	<p>14</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>9:30 AM Suncrest Kroger's</p> <p>10:00 Tai Chi GR</p> <p>11:00 Bingo 2L</p> <p>1:30 Word Search's and Hot Chocolate Bar with Patricia from Interim Healthcare AC</p> <p>3:00 Sit 'n Stretch AC</p> <p>6:00 Mindy's Emotional Support Dogs in Costume Program GR! Come check out the Cuteness!</p>	<p>15</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10:00 Coffee/Donuts C</p> <p>1:30 Health Talk with Deb GR</p> <p>3:00 National Strawberry Ice Cream Day! Enjoy a Treat in the Café</p> <p>5:45 PM WVU Women's Basketball Game at the Coliseum</p> <p>Men's Basketball 8:00 PM WVU at Houston ESPN+ GR/2L</p>	<p>16</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10:00 Tai Chi GR</p> <p>11:00 National Fig Newton Day! Come enjoy! C</p> <p>1:00 Hearing Aid Screening and Cleaning by Hearing Solutions GC</p> <p>3:00 Sit 'n Stretch AC</p> <p>6:00 Movie GR/2L</p>	<p>17</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10:00 Catholic Communion GR</p> <p>11:00 Bingo 2L</p> <p>1:00 Axonics Bladder Health Tabling with the Axonics Reps GR</p> <p>3:00 Wine Buds AC</p> <p>6:00 Movie GR/2L</p>	<p>18</p> <p>10:00 Chair Dancing with Barbara GR</p> <p>11:00 Resident Arts and Craft Time - Gather together to work on your own crafts or projects AC</p> <p>Men's Basketball 5:00 PM WVU vs Iowa State ESPN+ GR/2L</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>19</p> <p>8:30 Trans. to Suncrest Methodist</p> <p>9:00 AM Inspirational Church Services Channel 5</p> <p>6:00 Reminiscing with Jeanette GR</p> 	<p>20</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10:30 Sing Along with Ashley and Tracey GR</p> <p>1:30-2:30 Bible Study GR</p> <p>1:30 Line Dancing AC</p> <p>2:30 Men's Hour-Socialize with friends and drinks C</p> <p>6:00 Winter Performance by the Madrigal Singers of Clarksburg FL</p>	<p>21</p> <p>National Cheesy Socks Day! Wear Your Fun Socks Proudly!</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>9:30 AM Transportation to Target</p> <p>10:00 Tai Chi GR</p> <p>10:30 Marketing Meeting AC</p> <p>11:00 Outreach Committee AC</p> <p>1:00 Food Committee Meeting AC</p> <p>2:00 Ax Throwing Kick Off Game with Ashley and Tracey GR</p> <p>3:00 Sit 'n Stretch AC</p> <p>3:00 Bingo 2L</p> <p>6:00 Movie GR/2L</p>	<p>22</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10:00 Coffee/Donuts C</p> <p>10:30 AM Shopping Trip to The Ranch Community Thrift Store</p> <p>2:00 Nursing, Therapy and Speech at No Cost and In-Home Clinical Support with Amedisys Educational Program GR</p> <p>3:00 Resident Council AC</p> <p>6:00 Geology of West Virginia by Ken Ashton from the WV Geology Survey GR</p>	<p>23</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10:00 Tai Chi GR</p> <p>11:00 Old Time Rock with Frank De George 2L</p> <p>12:30 Village Bridge GR</p> <p>1:00 Bingo 2L</p> <p>2:00 Winter Mock tail and Mingle with Becki from Renaissance Care C</p> <p>3:00 Sit 'n Stretch AC</p> <p>6:00 Movie GR/2L</p>	<p>24</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10:00 Catholic Communion AC</p> <p>10-11 Episcopal Lutheran Service GC</p> <p>10:00 IL BP & Weight Checks SA</p> <p>11:00 Adult Coloring and Sticker Art AC</p> <p>1:00 Family Feud with Brett from Amedisys AC</p> <p>2:00 Bingo 2L</p> <p>3:00 Wine Buds AC</p> <p>6:00 Movie GR/2L</p>	<p>25</p> <p>10:00 Chair Dancing with Barbara GR</p> <p>11:00 Resident Arts and Craft Time - Gather together to work on your own crafts or projects AC</p> <p>11:00 Village Cowboy Music 2L</p> <p>6:00 Movie GR/2L</p>
<p>26</p> <p>8:30 Trans. to Suncrest Methodist</p> <p>9:00 AM Inspirational Church Services Channel 5</p> <p>2:00 Movie Time GR/2L</p>	<p>27</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>9:30 Paw Paw Gig and Josie (Therapy Dog Visit) 2L</p> <p>11:00 HeadBanz Game 2L</p> <p>1:30-2:30 Bible Study 2L</p> <p>1:30 Line Dancing AC</p> <p>6:00 Movie 2L</p>	<p>28</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>9:30 AM Price Cutters Shopping</p> <p>10:00 Tai Chi AC</p> <p>1:00 Travel Memories with Ashley AC</p> <p>3:00 Sit 'n Stretch AC</p>	<p>29</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10:00 Coffee/Donuts C</p> <p>11:00 Bingo 2L</p> <p>1:00 Wednesday Wine Samples with Ashley and Tracey C</p> <p>6:00 Visiting Cellist Yusef - Classical/Jazz Performance FL</p> <p>Men's Basketball 7:00 PM WVU vs Houston ESPN+ 2L</p>	<p>30</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10:00 Tai Chi AC</p> <p>11:00 Bingo 2L</p> <p>2:00 Residents Monthly Birthday Party GR</p> <p>3:00 Sit 'n Stretch AC</p> <p>6:45 PM Dance Now Show at the CAC</p>	<p>31</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>10:00 Catholic Communion AC</p> <p>10-11 Episcopal Lutheran Service GC</p> <p>11:00 Craft with Tracey AC</p> <p>11:00 Ikebana Flower Arranging Class AC</p> <p>3:00 Wine Buds AC</p> <p>6:00 Movie GR/2L</p>	

Tune your TV to **Channel 958** to find out what's happening at The Village!

Location Key

FL-Front Lobby GR-Great Room AC-Arts & Crafts Room C-Café GC-Game & Card Rm.
 L-Library SP-Suites Patio SL-Suites Lobby SA-Suites Activity 2L-Suites 2nd Floor Lounge
 EL-Elevator Lobby FR-Fitness Room WO-Wellness Office
 VG-Village Gazebo SG-Suites Gazebo

For more information contact:
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(Calendar Subject to Change)



All Activities are a
 Maximum of an hour
 long unless
 otherwise

