



# Desserts



## Dessert Du Jour: Black Forest Cobbler

**Ice Cream:** Vanilla, Chocolate, Moose Track, Butter Pecan, Salted Caramel Cherry Vanilla, Blackberry, Coffee

♥ **Sugar Free Ice Cream:** Vanilla

♥ **Frozen Yogurt:** Strawberry

**Sorbet:** Wildberry

*Chocolate, Caramel, Butterscotch and Straw-*



NAME \_\_\_\_\_

APT. NUMBER \_\_\_\_\_



VIA

HEALTHY



# Soup



## ♥ Heritage Point Chicken Soup

*Our classic signature soup*

## Taco Soup

*Taco seasoned ground beef with diced tomato in a cheesy cream base soup*



# Salads



## Spring Greens

*Choice of tomatoes or onions*

## Classic Caesar Salad

*Choice of Croutons or Parm. Cheese*

## Apple Sauce with Cinnamon

## Hearts of Lettuce

# Entrees

## Filet Mignon

*A four ounce cut filet cooked to your liking.  
Served with a demi glaze.*



## Grilled Chicken Breast



## Atlantic Salmon

*A four ounce salmon filet, either poached or  
grilled.*

# Today's Specials

## Swiss Steak

*Beef chopped steak browned off and cooked in brown gravy*

## Pesto Chicken

*Chicken breast browned off and topped with Roma tomato  
and pesto sauce*

## Baked Flounder

*Flounder filet seasoned with Old Bay and lemon juice, baked  
in the oven*

## Steak Fajita Quiche

*Siloin steak cooked with peppers, onion and cheddar cheese  
in an egg custard*



# Starches and Vegetables



## Baked Potato

## Fried Potatoes

## Brown Rice



## Broccoli



## Coconut Carrot

\*Consuming raw or undercooked meats, poultry, seafood, or eggs may increase your risk of food borne illness, especially for children, elderly, immunocompromised individuals, and persons with certain medical conditions

For Healthier option do not use any sour cream or butter on your Baked Potato. Substitute Mrs. Dash seasoning for salt.