

The Village at Heritage Point Calendar of Activities May 2022

All Activities are a Maximum of a Hour long unless otherwise notified

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 May Day 8:30 Trans. to Suncrest Methodist FL 9:00 Inspirational Church Services Channel 16 2:00 Movie Time GR/2L 	2 Setup for Spring Village Sale! 2:00 Bingo 2L	9:00 Simple seated stretch 2L 8:00 AM-5:00 PM SPRING Village Sale GR, AC, FL, GC 9:30 AM Old Kroger's FL 10:00 Tai chi with Joe & Linda 2L 2:00 Bingo 2L	9:00 Here's to Your Health w/Sandy Balance Program GR 9:00 Flex with Ashley 2L 9:45-10:15 Wellness Check WO 10:00 Coffee/Donuts C 10:30 AM Flight 93 National Memorial with Lunch 1:00 Higher Ground at Heritage Word & Worship w/pastor Rich GR 6:00 Corn Hole GR	5 Cinco de Mayo Day 9:00-10:00 Simple seated stretch 2L 10:00 Tai chi with Joe & Linda GR 2:00 Sun Dancing Class by Amy AC 6:00 Cinco de Mayo Party GR	9:00 Here's to Your Health w/Sandy Balance Program GR 9:00 Flex with Ashley 2L 10:00 St. John University Parish with Father Szabo GR 1:00 Mother's Day Tea GR 3:30-4:30 Wine Buds AC 6:00 Movie Night GR/2L	11:00 Cowboy Roger 2L 6:00 Movie Night GR/2L
8 Mother's Day  8:30 Trans. to Suncrest Methodist 9:00 Inspirational Church Services Channel 16 2:00 Movie Time GR/2L	9:00 Here's to Your Health w/Sandy Balance Program GR 9:00 Donuts/coffee with David Goldberg GR 11:00-12:00 Activity Committee Meeting AC 1:30-2:30 Bible Study GR 6:00 Movie Night GR/2L	9:00 Simple seated stretch 2L 10:00 Tai chi with Joe & Linda GR 9:30 AM Suncrest Kroger's 2:00 Bingo AC 3:00 Brain Crunches GR 6:00 Piano concert with Rebecca Schmidt GR	9:00 Here's to Your Health w/Sandy Balance Program GR 9:00 Flex with Ashley 2L 9:45-10:15 Wellness Check WO 10:00 OLLI Zoom-Wait 'til Your Father Comes Home! By Jack Hammersmith GR 10:00 Coffee/Donuts C 3:00 Bingo AC 3:30 Catholic Communion (St. Francis De Sales Parish) with Cindy/Michelle GC 6:00 Paint & Sip GR Vintage Truck with flowers/Flag GR	9:00-10:00 Simple seated stretch 2L 10:00 Tai chi with Joe & Linda GR 10:00 Crafts Lady with Diana Heaney AC 12:30-3:30 Village Bridge GR 2:00 Sun Dancing Class by Amy AC 6:00 Lounge Talk 2L	9:00 Here's to Your Health w/Sandy Balance Program GR 10:00 AM Episcopal Lutheran Service GC 9:00 Flex with Ashley 2L 11:00 AM Michael's for Shopping followed by Lunch at Los Mariachis 3:30-4:30 Wine Buds AC 6:00 Movie Night GR/2L 	6:00 Movie Night GR/2L
8:30 Trans. to Suncrest Methodist 9:00 Inspirational Church Services Channel 16 2:00 Movie Time GR/2L	9:00 Here's to Your Health w/Sandy Balance Program GR 1:30-2:30 Bible Study GR 6:00 Movie Night GR/2L	9:00 Simple seated stretch 2L 10:00 Tai chi with Joe & Linda GR 9:30 AM Dollar Tree 1:00-2:00 Food Committee Meeting GC 2:00 Bingo AC 3:00 Brain Crunches GR 6:00 Wine Tasting with Ron Porter GR 	9:00 Here's to Your Health w/Sandy Balance Program GR 9:00 Flex with Ashley 2L 9:45-10:15 Wellness Check WO 10:00 Coffee/Donuts C 3:00 Resident Council AC 3:30 Catholic Communion (St. Francis De Sales Parish) with Cindy/Michelle GC 6:00 Lounge Talk 2L	9:00 Simple seated stretch 2L 10:00 Tai chi with Joe & Linda GR 10:00 Card Making AC 3:00 Bingo AC 6:00 Mon Doc GR	9:00 Here's to Your Health w/Sandy Balance Program GR 9:00 Flex with Ashley 2L 10:00 AM Episcopal Lutheran Service GC 12:30 PM Art Museum of West Virginia University followed by Ice Cream at the Mountaineer Gun Shop 2:00-3:00 Book Club GC 3:30-4:30 Wine Buds AC 6:00 Movie Night GR/2L 	6:00 Cowboy Roger GR 6:00 Movie Night GR/2L



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22 8:30 Trans. to Suncrest Methodist 9:00 Inspirational Church Services Channel 16 2:00 Movie Time GR/2L	23 9:00 Here's to Your Health w/Sandy Balance Program GR 1:30-2:30 Bible Study ZOOM LIVE w/ Audrey GR 3:00 Bingo GR 6:00 Movie Night GR/2L	24 9:00 Simple seated stretch 2L 9:30 AM Walmart FL 10:00 Tai chi with Joe & Linda GR 2:00 Bingo AC 3:00 Brain Crunches GR 6:00 Lounge Talk 2L	25 9:00 AM Breakfast at Apple Annie's 9:00 Here's to Your Health w/Sandy Balance Program GR 9:45-10:15 Wellness Check WO 10:00 Coffee/Donuts C 2:00 May Resident's Monthly Birthday Party GR 3:00 Bingo AC 6:00 Pam & Barry Show GR	26 9:00-10:00 Simple seated stretch 2L 10:00 Tai chi with Joe & Linda GR 10:30 Chico's clothing store at Suncrest 12:30-3:30 Village Bridge GR 1:00 Out Reach Committee GR 2:00 Marketing Committee GC 2:00 Sun Dancing Class by Amy AC 3:00 Bingo 2L	27 9:00 Here's to Your Health w/Sandy Balance Program GR 10:00 AM Episcopal Lutheran Service GC 3:30-4:30 Wine Buds AC 6:00 Movie Night GR/2L	28 6:00 Movie Night GR/2L
29 8:30 Trans. to Suncrest Methodist 9:00 Inspirational Church Services Channel 16 2:00 Movie Time GR/2L	30 Memorial Day	31 9:00 AM Miller's Greenhouse and Flower Shop 10:00 Tai chi with Joe & Linda GR 2:00 Bingo AC 6:00 Movie Night GR/2L				

MAY IS OLDER AMERICANS MONTH "ENGAGE AT EVERY AGE!"

Location Key

FL-Front Lobby GR-Great Room AC-Arts & Crafts Room C-Café
 GC-Game & Card Rm. L-Library SP-Suites Patio SL-Suites Lobby
 SA-Suites Activity 2L-Suites 2nd Floor Lounge
 EL-Elevator Lobby FR-Fitness Room WO-Wellness Office

Calendar is Subject to Change

For more information contact:
 Sherry Newcome, Life Enrichment Manager 304-285-5576 or
 Ashley Kaminsky, Life Enrichment Specialist 304-285-1250
 1 Heritage Point Morgantown, WV 26505 www.heritage-point.com

Special Activities

Joe & Linda is back every Tuesday's & Thursday's at 10:00 (Tai chi with Joe & Linda)
 Amy is back every Thursday's at 2:00PM dance classes (Sun Dancing with Amy)

Look at your TRIP SHEETS FOR UP COMING TRIPS FOR MAY

5/3 8:00-5:00 Spring Village Sale!
 5/5 6:00 Cinco de Mayo Party
 5/6 1:00 Mother's Tea Party signup ladies
 5/9 9:00 Donuts/coffee with David Goldberg
 5/10 6:00 Piano concert with Rebecca Schmidt
 5/11 6:00 Paint & Sip (painting -Vintage Truck with flowers/Flag)
 5/17 6:00 Wine Tasting with Ron Porter GR
 5/19 6:00 Mon Doc's
 5/25 6:00 Pam & Barry Show

