


The Village at Heritage Point Calendar of Activities March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Activities are a Maximum of a hour long unless otherwise notified.</p> <p>Channel 958 on your TV will update you on what's happening at the Village!</p> 			<p>1</p> <p>9:00 Here's to Your Health w/Sandy Balance Program GR</p> <p>9:00 Flex with Ashley 2L</p> <p>9:45-10:15 Wellness Check WO</p> <p>10:00 Donut Hour FL</p> <p>2:00 - 3:00 Outreach Meeting GR</p> <p>3:00-4:00 Marketing Meeting GR</p> <p>3:00 Music by Michael Adams 2L</p> <div style="background-color: #006400; color: white; text-align: center; padding: 5px; margin-top: 10px;"> <p>6:00 PM WVU Women's Basketball Game at the Coliseum</p> </div>	<p>2</p> <p>12:30-4:00 Village Bridge GC</p> <p>7:00 Harp Concert GR</p>	<p>3</p> <p>9:00 Here's to Your Health w/Sandy Balance Program GR</p> <p>10:00 Episcopal Lutheran Service GC</p> <p>3:30 Wine Buds GR</p> <p>6:00-8 Movie GR/2L</p>	<p>4</p> <div style="background-color: #0000FF; color: white; text-align: center; padding: 5px; border: 2px solid yellow; margin: 10px auto; width: 80%;"> <p>2:00 PM WVU vs Kansas State 2L</p> </div>
<p>5</p> <p>8:30 Trans. to Suncrest Methodist</p> <p>9:00 AM Inspirational Church Services Channel 16</p> <p>2:00 Movie Time GR/2L</p>	<p>6</p> <p>9:00 Here's to Your Health w/Sandy Balance Program GR</p> <p>10:30 Simple Seated Stretch 2L</p> <p>1:30-2:30 Bible Study GR</p> <p>3:00 Line Dancing GR</p> <p>6:00 Movie Time GR/2L</p>	<p>7</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <div style="background-color: #006400; color: white; text-align: center; padding: 5px; margin: 10px auto; width: 80%;"> <p>9:30 AM Old Kroger's</p> </div> <p>2:00 PT presentation by Deb Cooke GR</p> <p>3:00 Bingo 2L</p> <p>6:00 Corn Hole GR</p>	<p>8</p> <p>9:00 Here's to Your Health w/Sandy Balance Program GR</p> <p>9:00 Flex with Ashley 2L</p> <p>9:45-10:15 Wellness Check WO</p> <p>10:00 Coffee/Donuts FL</p> <p>11:00 Activities Committee Meeting GR</p> <p>2:00 Bingo 2L</p>	<p>9</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <p>11:00 Card making with Carla GR</p> <p>2:00 Mon Doc 101- Dr. Heiskell, MD - Join us for a discussion on Colon Cancer & screenings GR</p> <p>3:00 Bingo 2L</p> <p>6:00 Great Decisions "China and the U.S." GR</p>	<p>10</p> <p>9:00 Here's to Your Health w/Sandy Balance Program GR</p> <p>10:00 Catholic Communion (St. Francis De Sales Parish) 2L</p> <p>10-11 Episcopal Lutheran Service GC</p> <p>3:30 Wine Buds GR</p> <p>6:00-8 Movie GR/2L</p>	<p>11</p> <p>11:00 Cowboy Roger 2L</p> <p>6:00-8 Movie GR/2L</p>
<p>12</p> <p>8:30 Trans. to Suncrest Methodist</p> <p>9:00 AM Inspirational Church Services Channel 16</p> <p>2:00 Movie Time GR/2L</p>	<p>13</p> <p>9:00 Here's to Your Health w/Sandy Balance Program GR</p> <p>10:30 Simple Seated Stretch Time 2L</p> <p>1:30-2:30 Bible Study GR</p> <p>3:00 Line Dancing GR</p> <p>6:00 Bowling GR</p>	<p>14</p> <p>9-9:30 Simple Seated Stretch Time 2L</p> <div style="background-color: #006400; color: white; text-align: center; padding: 5px; margin: 10px auto; width: 80%;"> <p>9:30 AM Suncrest Kroger's</p> </div> <p>1:00 Food Committee Meeting GC</p> <p>2:00 National Potato Chip Day GR</p> <p>3:00 Bingo GR</p> <p>6:00 Corn hole GR</p>	<p>15</p> <p>9:00 Here's to Your Health w/Sandy Balance Program GR</p> <p>9:45-10:15 Wellness Check WO</p> <p>10:00 Coffee/Donuts FL</p> <p>3:00 Resident Council GC</p>	<p>16</p> <p>10:00 Craft with Diana - Easter Wreaths GR</p> <p>12:30-4:00 Village Bridge GC</p> <p>6:00 Movie GR</p>	<p>17</p> <div style="background-color: #90EE90; text-align: center; padding: 5px; margin: 10px auto; width: 80%;"> <p>St. Patrick's Day! WEAR GREEN DAY!</p> </div> <p>9:00 Here's to Your Health w/Sandy Balance Program GR</p> <p>9:00 Flex with Ashley 2L</p> <p>10:00 Catholic Communion (St. Francis De Sales Parish) 2L</p> <p>10-11 Episcopal Lutheran Service GC</p> <p>2:00 Book Club GC</p> <p>2:00 St. Patrick's Day Party entertainment by Angie GR</p> <p>3:30 Wine Buds GR</p> <p>6:00-8 Movie GR</p>	<p>18</p> <p>6:00-8 Movie GR/2L</p>

The Village at Heritage Point Calendar of Activities March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 8:30 Trans. to Suncrest Methodist 9:00 AM Inspirational Church Services Channel 16 2:00 Movie Time GR/2L	20 9:00 Here's to Your Health w/ Sandy Balance Program GR 10:30 Flex with Ashley 2L 1:30-2:30 Bible Study GR 3:00 Line Dancing GR 6:00 Movie Time GR/2L 	21 9-9:30 Simple Seated Stretch Time 2L <div style="background-color: #006400; color: white; padding: 5px; text-align: center;">9:30 AM ALDI's</div> 2:00 Brain Crunches GR 3:00 Bingo GR 6:00 Cornhole GR	22 <div style="background-color: #ff0000; color: white; padding: 5px; text-align: center;">8AM-10AM Multiphasic Blood Screening Game and Card Room</div> 9:00 Here's to Your Health w/ Sandy Balance Program GR 9:45-10:15 Wellness Check WO 10:00 Coffee/Donuts FL	23 9-9:30 Simple Seated Stretch Time 2L 11:00 Card making with Carla GR <div style="background-color: #006400; color: white; padding: 5px; text-align: center;">1:30 PM WVU Art Museum</div> 6:00 Bingo GR	24 9:00 Here's to Your Health w/ Sandy Balance Program GR 9:00 Flex with Ashley 2L 10-11 Episcopalian Lutheran Service GC 10:00 Catholic Communion (St. Francis De Sales Parish) 2L 11:00 Ikebana Flower Arranging Class with Sarah GC 2:00 National Covered Raisin Day-Come Celebrate - GR 3:30 Wine Buds GR 6:00-8 Movie GR/2L	25 6:00 Cowboy Roger GR 
26 8:30 Trans. to Suncrest Methodist 9:00 AM Inspirational Church Services Channel 16 2:00 Movie Time GR/2L	27 9:00 Here's to Your Health w/ Sandy Balance Program GR 10:30 Flex with Ashley 2L 1:30-2:30 Bible Study GR 3:00 Bingo 2L 3:00 Line Dancing GR 6:00 Movie Time GR/2L	28 9-9:30 Simple Seated Stretch Time 2L <div style="background-color: #006400; color: white; padding: 5px; text-align: center;">9:30 AM Wal-Mart</div> 2:00 National Peanut Month - Come Get Your Peanuts GR 3:00 Bingo GR 6:00 Cornhole GR	29 9:00 Here's to Your Health w/Sandy Balance Program GR 9:45-10:15 Wellness Check WO 10:00 Coffee/Donuts FL 10-11 Donut Hour FL 2:00 Bingo GR <div style="background-color: #006400; color: white; padding: 5px; text-align: center;">4:00 PM Dinner at The Crab Shack Caribba in the Suncrest</div>	30 9-9:30 Simple Seated Stretch Time 2L 2:00 Residents Monthly Birthday Party entertainment by Pam & Barry Show GR 6:00 Movie GR/2L	31 9:00 Here's to Your Health w/ Sandy Balance Program GR 10-11 Episcopalian Lutheran Service GC 10:00 Catholic Communion (St. Francis De Sales Parish) 2L 3:30 Wine Buds GR 6:00-8 Movie GR/2L	

Tune your TV to Channel 958 to find out what's happening at The Village!

Location Key

FL-Front Lobby GR-Great Room AC-Arts & Crafts Room C-Café GC-Game & Card Rm.
 L-Library SP-Suites Patio SL-Suites Lobby SA-Suites Activity 2L-Suites 2nd Floor Lounge
 EL-Elevator Lobby FR-Fitness Room WO-Wellness Office
 VG-Village Gazebo SG-Suites Gazebo

For more information contact:
 Ashley Kaminsky, Life Enrichment Specialist 304-285-1250
 One Heritage Point Morgantown, WV 26505
www.Heritage-Point.com

(Calendar Subject to Change)



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