





The Village at Heritage Point Calendar of Activities March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Activities are a Maximum of a Hour long unless otherwise notified</p>					<p>1</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9:00-9:30 Simple seated stretch 2L</p> <p>10:00 Catholic Communion GR</p> <p>10:00 Retirees Book Club AC</p> <p>10:00 Episcopalian Lutheran Service GC</p> <p>11:00 National Peanut Butter Lover's Day- Come enjoy a treat C</p> <p>2:00 Bingo 2L</p> <p>3:00-4:30 Wine Buds AC</p> <p>6:00 Movie Night GR/2L</p>	<p>2</p> <p>11:00 Beginning Acrylic and Painting Fun with Friends AC</p> <p>1:30 On Your Own Games with Friends C/2L</p> <p>3:30 Visits with Gunner the Golden 2L</p> <div style="border: 2px solid yellow; background-color: blue; color: white; padding: 5px; text-align: center;"> <p>6:00 PM WVU Men's Basketball vs Texas Tech GR/2L</p> </div>
		<p>3</p> <p>8:30 Trans. to Suncrest Methodist FL</p> <p>9:00 Inspirational Church Services Channel 5</p> <p>11:30 AM – 1:00 PM IL Sunday Buffet</p> <p>2:00 Sunday Matinee GR/2L</p>	<p>4</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9:00-9:30 Simple seated stretch 2L</p> <p>11:00 Spring Fashion Show with Chico's GR</p> <p>1:30-2:30 Bible Study GR</p> <p>2:30 Bingo 2L</p> <p>3:00 Line Dancing AC</p> <p>6:00 Denture Care by WVU Dentistry GR</p>	<p>5</p> <p>9:00-9:30 Simple seated stretch 2L</p> <div style="border: 2px solid green; background-color: green; color: white; padding: 5px; text-align: center;"> <p>10:00 AM Spring Shopping Event at Chico's</p> </div> <p>10:00 WVU Exercise Physiology Students - Balance and Stretch GR</p> <p>1:00 St. Patrick's Themed Craft with Sydney from West Virginia Caring AC</p> <p>2:00 WV Caring Hospice and Palliative Care Informational Session GR</p> <p>6:00 Healthcare Innovations with Dr. Tom McClellan, CEO of Intermed Labs GR</p>	<p>6</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9:00-9:30 Simple seated stretch 2L</p> <div style="border: 2px solid green; background-color: green; color: white; padding: 5px; text-align: center;"> <p>9:30 AM Old Kroger's</p> </div> <p>10:00 Coffee/Donuts C</p> <p>1:00 National Oreo Cookie Day! Let's Celebrate! C</p> <p>2:00 Bingo 2L</p> <div style="border: 2px solid yellow; background-color: blue; color: white; padding: 5px; text-align: center;"> <p>9:00 PM WVU Men's Basketball vs TCU GR/2L</p> </div>	<p>7</p> <p>9:00-9:30 Simple seated stretch 2L</p> <p>10:00 WVU Exercise Physiology Students - Balance and Stretch GR</p> <div style="border: 2px solid green; background-color: green; color: white; padding: 5px; text-align: center;"> <p>11:00 AM Erickson Alumni Center Art Exhibit</p> </div> <p>2:00 Thirsty Thursday/Happy Hour C</p> <p>7:00 Harp Concert GR</p>
<p>10</p> <p>8:30 Trans. to Suncrest Methodist FL</p> <p>9:00 Inspirational Church Services Channel 5</p> <p>11:30 AM – 1:00 PM IL Sunday Buffet</p> <p>2:00 Candidates' Forum GR</p>	<p>11</p> <p>9:00 Here's to Your Health w/Sandy Balance Program GR</p> <p>9:00-9:30 Simple seated stretch 2L</p> <div style="border: 2px solid green; background-color: green; color: white; padding: 5px; text-align: center;"> <p>9:30 AM Suncrest Kroger's</p> </div> <p>1:30-2:30 Bible Study GR</p> <p>2:30 Bingo 2L</p> <p>3:00 Line Dancing AC</p> <p>6:00 Movie GR/2L</p>	<p>12</p> <p>9:00-9:30 Simple seated stretch 2L</p> <p>11:00-12:00 Activity Committee Meeting AC</p> <div style="border: 2px solid green; background-color: green; color: white; padding: 5px; text-align: center;"> <p>1:00 PM Tour of the Exhibits at The West Virginia Regional History Center at WVU Libraries</p> </div> <p>6:00 Comedy Night with Cody Cannon GR</p>	<p>13</p> <p>9:00 Here's to Your Health Balance Program GR</p> <p>9:00-9:30 Simple seated stretch 2L</p> <p>10:00 Coffee/Donuts C</p> <div style="border: 2px solid green; background-color: green; color: white; padding: 5px; text-align: center;"> <p>11:00 AM Gene's Place for Lunch</p> </div> <p>1:00 Jeopardy Fun with Amedisys and St. Patrick's Day Shamrock Shakes AC</p> <p>3:00 Mon Doc's 101 with Dr. Nasr - Topic- Gastro and Intestinal GR</p> <p>6:00 Movie GR/2L</p>	<p>14</p> <p>9:00-9:30 Simple seated stretch 2L</p> <p>10:00 Mountain Line Traveling Training GR</p> <p>11:00 Card Making with Carla AC</p> <p>12:30-3:30 Village Bridge GR</p> <p>1:00 National Popcorn Lovers Day! Come enjoy! C</p> <p>6:00 Piano and Sing with Liz FL</p>	<p>15</p> <p>9:00 Here's to Your Health w/Sandy Balance Program GR</p> <p>9:00-9:30 Simple seated stretch 2L</p> <p>10:00 Episcopalian Lutheran Service GC</p> <p>10:00 St. John University Parish with Father Sabo AC</p> <p>11:00 March - Lounge Talk 2L</p> <p>1:00 St. Patrick's Day Trivia with Jacob from Interim GR</p> <p>2:00 Bingo 2L</p> <p>3:00-4:30 Wine Buds AC</p> <p>6:00 Movie Night GR/2L</p>	<p>16</p> <p>11:00 St. Patrick's Tunes with Roger 2L</p> <p>11:00 Beginning Acrylic and Painting Fun with Friends AC</p> <p>3:00 Singing for Souls by Michael Adams 2L</p> <p>6:00 Movie GR/2L</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 8:30 Trans. to Suncrest Methodist FL 9:00 Inspirational Church Services Channel 5 11:30 AM – 1:00 PM IL Sunday Buffet 2:00 Sunday Matinee GR/2L 	18 9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L <div style="background-color: green; color: white; padding: 5px; text-align: center;"> 10:30 AM Spring Shopping Trip to the Meadowbrook Mall </div> 1:30-2:30 Bible Study GR 3:00 Line Dancing AC 6:00 St. Patty's with Pam and Barry GR	19 9:00-9:30 Simple seated stretch 2L <div style="background-color: green; color: white; padding: 5px; text-align: center;"> 9:30 AM Aldi's Shopping Trip </div> 10:00 WVU Exercise Physiology Students - Balance and Stretch GR 10:30 Marketing Meeting AC 11:00 Outreach Committee AC 1:00-2:00 Food Committee Meeting AC 3:00 Bingo 2L 6:00 All about Insects by WVU Insect Zoo GR 	20 9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 10:00 Coffee/Donuts C 11:00 Bingo 2L 2:00 Chips and Salsa Social C 3:00 Resident Council AC 6:00 Movie GR/2L	21 9:00-9:30 Simple seated stretch 2L 9:30 Suites Treats and Meeting Your Neighbors 2L 10:00 WVU Exercise Physiology Students -Balance and Stretch GR 11:00 Seated Balloon Volleyball 2L 3:00 Bingo 2L 6:00 Movie GR/2L	22 9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 10:00 Episcopalian Lutheran Service GC 10:00 Catholic Communion AC 11:00 Piano Recital with Ryan Walker FL 1:00 Ikebana Flower Arranging Class AC 2:00 Wellness Get Together with Jill GR 3:00-4:30 Wine Buds AC 6:00 Movie Night GR/2L	23 10:00 Chair Dancing with Angela GR 11:00 Beginning Acrylic and Painting Fun with Friends AC 3:00 Singing for Souls by Michael Adams 2L 6:00 Movie Night GR/2L
24 8:30 Trans. to Suncrest Methodist FL 9:00 Inspirational Church Services Channel 5 11:30 AM – 1:00 PM IL Sunday Buffet 2:00 Sunday Matinee GR/2L	25 9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 10:30 A Girl Scout Reunion GR 1:30-2:30 Bible Study GR 3:00 March/Easter Trivia GR 3:00 Line Dancing AC 6:00 Great Decisions Program - Topic: Climate Technology and Competition GR	26 9:00-9:30 Simple seated stretch 2L <div style="background-color: green; color: white; padding: 5px; text-align: center;"> 9:30 AM Wal-Mart FL </div> 10:00 WVU Exercise Physiology Students - Balance and Stretch GR 1:00 Easter Egg Coloring AC 2:30 Bingo 2L 6:00 Movie Night GR/2L	27 9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 10:00 Coffee/Donuts C 11:00 Health Talk with Deb GR 1:00 Meet Vanessa the Pigeon with Katie Fallon GR 3:00 Resident Birthday Party GR 6:00 Saxophone Quartet Concert FL	28 9:00-9:30 Simple seated stretch 2L <div style="background-color: green; color: white; padding: 5px; text-align: center;"> 9:00 AM Titanic The Artifact Exhibition at The Carnegie Science Center </div> 10:00 WVU Exercise Physiology Students -Balance and Stretch GR 11:00 Card Making with Carla AC 12:30-3:30 Village Bridge GR 6:00 Med Student Music Night FL	29 9:00 Here's to Your Health Balance Program GR 9:00-9:30 Simple seated stretch 2L 10:00 Catholic Communion AC 10:00 Episcopalian Lutheran Service GC 11:00 Craft with Tracey AC 2:00 Bingo 2L 3:00-4:30 Wine Buds AC 6:00 Movie Night GR/2L	30 11:00 Beginning Acrylic and Painting Fun with Friends AC 11:00 Easter Celebration with Roger 2L 1:00 Easter Bingo with Cecil 2L 2:30 Employee Social Meet and Greet with Matthew Marble, Security Guard GR 6:00 Movie Night GR/2L
31 8:30 Trans. to Suncrest Methodist FL 9:00 Inspirational Church Services Channel 5 11:30 AM – 1:00 PM IL Sunday Buffet 2:00 Sunday Matinee GR/2L 	Location Key FL-Front Lobby GR-Great Room AC-Arts & Crafts Room C-Café GC-Game & Card Rm. L-Library SP-Suites Patio SL-Suites Lobby SA-Suites Activity 2L-Suites 2nd Floor Lounge EL-Elevator Lobby FR-Fitness Room WO-Wellness Office					Calendar is Subject to Change !!

For more information contact:
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