


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Color Key Orange - Special Events Green - Outing Blue - Monthly Black - Regular Events Pink - Change of Location/Day</p> <p>Tune your TV to Channel 958 to find out what's happening at The Village!</p>		<p>1</p> <p>Books with Wings (Donate your unwanted books) Tuesday 9 AM – Wednesday 4 PM</p> <p>12-2 New Year's Day Pot Luck GR 6:30-8 Mahjongg GC</p> <p>Happy New Year!</p>	<p>2</p> <p>9-10 Flex with Sonja GR 10-10:30 Catholic Service and Communion GC 1-2 Noggin Joggin - Cranium Crunches Exercising the Brain SA 2:45-4 Blood Pressure Check WO 3-4 Bingo SA</p> <p>7:00 PM WVU vs. Texas Tech 2L & GR</p>	<p>3</p> <p>9-9:30 Simple Seated Stretch Time SA</p> <p>9:30 AM The Meadows Casino</p> <p>10-11 The Village on the Run SA 10-11 Tai Chi GR 12:45-4 Thursday's Bridge GR 1-3 Art with Jan AC 3-4 Bingo SA 3:30-5:30 Dancing Fun - Line Dancing AC 7-7:30 Harp Concert GR</p>	<p>4</p> <p>9-10 Flex with Sonja GR 10 Transportation to NEW KROGER 10-11 Episcopalian Lutheran Service GC 10-12 Retirees Book Club AC 1-2 Texas Holdem SA 1:30-2:30 Resident Association Election GR 3-4 Bingo SA 4-5 Wine Buds C 6:30-8 Movie GR</p>	<p>5</p> <p>11-12 Village Cowboy SA 3-4 Bingo SA 6:30-8 Games C</p> <p>9:00 PM WVU at Texas 2L & GR</p> 
<p>6</p> <p>8:20 Trans. to Suncrest Methodist 10:15 Trans. to Wesley Church 11-1:30 Sunday Buffet GR 2:45-5 Sunday Bridge GC 6:30-8 Movie GR</p>	<p>7</p> <p>9-10 Flex with Sonja GR</p> <p>TBA Movie (Mary Poppins Returns) and Lunch at Cracker Barrel</p> <p>1-2 Noggin Joggin SA 1:30-2:30 Bible Study GR 3-4 Bingo SA 6:30-8 Pinochle C 6:30-8 Movie 2L</p>	<p>8</p> <p>9-9:30 Simple Seated Stretch Time SA 9:30 Transportation to OLD Kroger 10-11 Tai Chi AC 1-2 The Village on the Run SA 2-3 Canvas Painting with Amedisys (Free Event) AC 3-4 Bingo SA 6:30-8 Mahjongg GC</p>	<p>9</p> <p>9-10 Flex with Sonja GR 10-10:30 Catholic Service and Communion GC 10-11 Sara's Crafters AC 11-12 Fitness Room Assistance with Interim's Physical Therapist FR 11-12 To Your Health - Celiac vs Gluten Intolerance by Terri Small, RN, MSN Ed. D, Profes- sional for School of Nursing at Waynes- burg University GR 1-2 Noggin Joggin SA 1:30 Transportation to Wal-Mart 2:45-4 Blood Pressure Check WO 3-4 Bingo SA</p> <p>7:00 PM WVU at Kansas State 2L & GR</p>	<p>10</p> <p>9-9:30 Simple Seated Stretch Time SA 10-11 Tai Chi AC 10-11 The Village on the Run SA 1-3 Art with Jan AC 3-4 Bingo SA 3:30-5:30 Dancing Fun - Line Dancing AC</p>	<p>11</p> <p>9-10 Flex with Sonja GR 10-11 Episcopalian Lutheran Service GC 1-2 Texas Holdem SA 3-4 Bingo SA 4-5 Wine Buds C 6:30-8 Movie GR</p>	<p>12</p> <p>11-12 Nosrat the Seamstress SA</p> <p>12:00 PM WVU vs. Oklahoma State 2L & GR</p> <p>12:30 PM Transportation to the Met Opera - Cilea</p> <p>3-4 Bingo SA 6:30-8 Games C 6:30-8 Movie 2L</p>
<p>13</p> <p>8:20 Trans. to Suncrest Methodist 10:15 Trans. to Wesley Church 11-1:30 Sunday Buffet GR 2:45-5 Sunday Bridge GC 6:30-8 Movie GR</p> 	<p>14</p> <p>9-10 Flex with Sonja GR 11-12 Activities Committee Meeting AC 1-2 Noggin Joggin SA 1:30-2:30 Bible Study GR 3-4 Bingo SA 3:30-4:30 Marketing Committee Meeting GR 6:30-7:30 The Madrigal Singers FL 6:30-8 Pinochle C</p>	<p>15</p> <p>9-9:30 Simple Seated Stretch Time SA 9:30 Transportation to NEW Kroger 10-11 Tai Chi GR 1-2 The Village on the Run SA 1-2 Food Committee Meeting AC 2-3 Centering Prayer with Jane AC 3-4 Bingo SA 3:45-5:15 Card Making Workshop AC 6:30-8:30 Mahjongg GC</p> <p>7:00 PM WVU at TCU GR & 2L</p>	<p>16</p> <p>9-10 Flex with Sonja GR 10-10:30 Catholic Service and Communion 2L 10-11 Sara's Crafters AC 1-2 Noggin Joggin SA 2:45-4 Blood Pressure Check WO 3-4 Resident Council AC 3-4 Bingo SA</p> <p>6:00 PM Trip to the WVU Women's Basketball Game vs. Iowa State</p> <p>6:30-8 Movie GR</p>	<p>17</p> <p>9-9:30 Simple Seated Stretch Time SA 10-11 Tai Chi GR 10-11 The Village on the Run SA 1-3 Art with Martina AC 3-4 Bingo SA 3:30-5:30 Dancing Fun - International Dancing AC</p>	<p>18</p> <p>9-10 Flex with Sonja GR 10-11 Episcopalian Lutheran Service GC 11-12 Ikebana: Japanese Flower Arranging Class AC 12:45-4 Friday's Bridge GR 1-2 Texas Holdem SA 3-4 Bingo SA 4-5 Wine Buds C 4:30-5:30 Dinner Music with Jane FL 6:30-8 Movie GR</p>	<p>19</p> <p>11-12 Village Cowboy SA 3-4 Bingo SA 6:30-8 Games C</p> <p>TBA WVU vs. Kansas 2L & GR</p>

Location Key

FL-Front Lobby GR-Great Room AC-Arts & Crafts Room C-Café GC-Game & Card Room
L-Library SP-Suites Patio SL-Suites Lobby SA-Suites Activity 2L-Suites 2nd Floor Lounge
EL-Elevator Lobby FR-Fitness Room WO-Wellness Office
VG-Village Gazebo SG-Suites Gazebo

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>20 8:20 Trans. to Suncrest Methodist 10:15 Trans. to Wesley Church 10:30-11:30 UUFM Sunday Service AC 11-1:30 Sunday Buffet GR 2:45-5 Sunday Bridge GC 6:30-8 Movie GR</p> 	<p>21 9-10 Flex with Sonja GR 9-12 Letter-writing event with WVU students-SA 1-2 Noggin Joggin SA 1:30-2:30 Bible Study GR 3-4 Bingo SA 6:30-8 Pinochle C</p> <div style="border: 1px solid blue; background-color: blue; color: white; padding: 5px; text-align: center;"> <p>9:00 PM WVU vs. Baylor 2L & GR</p> </div>	<p>22 9-9:30 Simple Seated Stretch Time SA 9:30 Transportation to OLD Kroger 10-11 Tai Chi AC</p> <div style="border: 1px solid green; background-color: green; color: white; padding: 5px; text-align: center;"> <p>12:00 PM The Tea Shoppe at Seneca Center</p> </div> <p>1-2 The Village on the Run SA 3-4 Bingo SA 6:30-8 Mahjongg GC</p>	<p>23 10-10:30 Catholic Service and Communion GC 10-11 Sara's Crafters AC 10-12 OLLI Writing Class with RaeJean Sielen - Write Your Story Intro to Life Writing GR 1-2 Noggin Joggin SA 1:30-2:30 To Your Health with Sandy GR 2:45-4 Blood Pressure Check WO 3-4 Bingo SA 6:30-8 Movie GR</p>	<p>24 9-9:30 Simple Seated Stretch Time SA 10-11 Tai Chi GR 10-11 The Village on the Run SA 1-3 Art with Jan AC 1:30-2:30 To Your Health - Dr. Martinez GR 3-4 Bingo SA 3:30-5:30 Dancing Fun - Line Dancing AC</p> <div style="border: 1px solid green; background-color: green; color: white; padding: 5px; text-align: center;"> <p>4:30 PM Dinner at Colasante's Ristorante</p> </div>	<p>25 9-10 Flex with Sonja GR 10-11 Episcopalian Lutheran Service GC 10-12 OLLI Chair Caning AC 1-2 Texas Holdem SA 2-3 Resident Birthday Party GR 3-4 Bingo SA 4-5 Wine Buds C 6:30-8 Movie GR</p>	<p>26 11-12 Nosrat the Seamstress SA 3-4 Bingo SA 6:30-8 Games C</p> <div style="border: 1px solid blue; background-color: blue; color: white; padding: 5px; text-align: center;"> <p>TBA WVU at Tennessee 2L & GR</p> </div>
<p>27 8:20 Trans. to Suncrest Methodist 10:15 Trans. to Wesley Church</p> <div style="border: 1px solid green; background-color: green; color: white; padding: 5px; text-align: center;"> <p>10:30 AM Pittsburgh Symphony - Dvorak's New World</p> </div> <p>11-1:30 Sunday Buffet GR 2:30-3:30 Pastor Rena - Morgantown Faith Center SA 2:45-5 Sunday Bridge GC 6:30-8 Movie GR</p>	<p>28 9-10 Flex with Sonja GR 10:00 Transportation to Morgantown Mall 1-2 Noggin Joggin SA 1:30-2:30 Bible Study GR 3-4 Bingo SA 3-5 OLLI New Yorker Discussion Group GC 6:30-8 Pinochle C 6:30-8 Movie 2L</p>	<p>29 9-9:30 Simple Seated Stretch Time SA 9:30 Transportation to NEW Kroger 10-11 Tai Chi GR 11-12 Bingo Store SA</p> <div style="border: 1px solid green; background-color: green; color: white; padding: 5px; text-align: center;"> <p>12:30 PM Dollar Tree with Lunch at Atria's</p> </div> <p>1-2 The Village on the Run SA 3-4 Bingo SA 6:30-8 Mahjongg GC</p>	<p>30 9-10 Flex with Sonja GR 10-10:30 Catholic Service and Communion GC 10-11 Sara's Crafters AC 10-11 Donut Hour C 1-2 Noggin Joggin SA 2:45-4 Blood Pressure Check WO 3-4 Bingo SA</p> <div style="border: 1px solid blue; background-color: blue; color: white; padding: 5px; text-align: center;"> <p>7:00 PM WVU at Iowa State 2L & GR</p> </div>	<p>31 9-9:30 Simple Seated Stretch Time SA 10-11 Tai Chi GR 10-11 The Village on the Run SA 1-3 Art with Martina AC 1:30-2:30 Special Town Hall Meeting GR 3-4 Bingo SA 3:30-5:30 Dancing Fun - International Dancing AC</p>		
<p>Color Key Orange - Special Events Green - Outing Blue - Monthly Black - Regular Events Pink - Change of Location/Day</p>						
<p>Location Key FL-Front Lobby GR-Great Room AC-Arts & Crafts Room C-Café GC-Game & Card Room L-Library SP-Suites Patio SL-Suites Lobby SA-Suites Activity 2L-Suites 2nd Floor Lounge EL-Elevator Lobby FR-Fitness Room WO-Wellness Office VG-Village Gazebo SG-Suites Gazebo</p>						
<p>For more information contact: Sherry Newcome, Life Enrichment Manager 304-285-5576 Ashley Kaminsky, Life Enrichment Specialist 304-285-1250 One Heritage Point Morgantown, WV 26505 www.Heritage-Point.com Programs Subject To Change!</p>						